

5:30AM Begins at 5:45 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

6:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

6:30AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

7:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	





7:30 AM **Until 7:45 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	


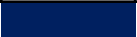


8:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

8:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
[Solid Black Bar]				[Solid Black Bar]	
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
 NBAC			 Lessons		
 Masters			 Aqua Class		

9:00 AM 9:15 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
[Solid Black Bar]				[Solid Black Bar]	
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
 NBAC			 Lessons		
 Masters			 Aqua Class		

9:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

10:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

10:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

11:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

11:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

12:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

12:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
[Black Bar]				[Black Bar]	
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
[Red Bar]	NBAC		[Blue Bar]	Lessons	
[Yellow Bar]	Masters		[Green Bar]	Aqua Class	

1:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
[Black Bar]				[Black Bar]	
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
[Red Bar]	NBAC		[Blue Bar]	Lessons	
[Yellow Bar]	Masters		[Green Bar]	Aqua Class	

1:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
[Black Bar]				[Black Bar]	
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

[Red]	NBAC	[Dark Blue]	Lessons
[Yellow]	Masters	[Green]	Aqua Class

2:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
[Black Bar]				[Black Bar]	
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

[Red]	NBAC	[Dark Blue]	Lessons
[Yellow]	Masters	[Green]	Aqua Class

2:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

	NBAC			Lessons
	Masters			Aqua Class

3:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6

	NBAC			Lessons
	Masters			Aqua Class

3:30 PM **Beginning at 3:45 PM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

4:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

4:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	White	White	Red	Red
Black	Black	White	White	Black	Black
Dark Blue	Dark Blue	White	White	White	White
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	NBAC		Dark Blue	Lessons	
Yellow	Masters		Green	Aqua Class	

5:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	White	White	Red	Red
Black	Black	White	White	Black	Black
Dark Blue	Dark Blue	White	White	White	White
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	NBAC		Dark Blue	Lessons	
Yellow	Masters		Green	Aqua Class	

5:30 PM **Until 5:45 PM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

6:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

6:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

7:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

