



6:30AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

7:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	







10:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

11:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	











3:30 PM **3:45 PM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

4:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

4:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	White	White	Red	Red
Black	Black	White	White	Black	Black
Dark Blue	Dark Blue	White	White	White	White
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	NBAC		Dark Blue	Lessons	
Yellow	Masters		Green	Aqua Class	

5:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	White	White	Red	Red
Black	Black	White	White	Black	Black
Dark Blue	Dark Blue	White	White	White	White
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	NBAC		Dark Blue	Lessons	
Yellow	Masters		Green	Aqua Class	

5:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	White	White	Red	Red
Black	Black	White	White	Black	Black
Dark Blue	Dark Blue	White	White	White	White
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	NBAC		Dark Blue	Lessons	
Yellow	Masters		Green	Aqua Class	

6:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	Red	White	White	Red	Red
Black	Black	White	White	Black	Black
Dark Blue	Dark Blue	White	White	White	White
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Red	NBAC		Dark Blue	Lessons	
Yellow	Masters		Green	Aqua Class	

6:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

7:00 PM **Until 7:20 PM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	NBAC			Lessons	
	Masters			Aqua Class	

